



Sherwood Parkdale Skating Club

COME LEARN TO SKATE WITH US!

JUMPSTART & JUNIOR PARENT MEETING



WELCOME TO STARSKATE JUMPSTART AND JUNIOR PROGRAMMING

Your skaters are currently on the Starskate Pathway in the learn-to-train level as part of the Sport for Life's Long-term development

When logged into your account with Skate Canada you can read more on the Starskate Pathway

Go to skatecanada.ca/members to create an account in your child's name. This way you will be able to see their STARskate Achievements and follow their official progress.

ASSESSMENTS

Skaters at the Jumpstart level will complete their Canskate Badges while learning to figure skate. These are listed under achievements at the club level on our website.

Junior Skaters will start or be working on Star 1 – 2 assessments in dance, skills and freeskate. It takes a lot of practice to accomplish the skills in each area.

The Starskate assessments cost \$12 per assessment which goes to Skate Canada.

Coaches will provide you with an envelope and instructions for returning once your skater is ready to take an assessment.

You need to purchase the assessment on-line and include the name of the tests in the comment section of your invoice – this is your receipt. Choose e-transfer if paying by cash include your invoice number on your envelope

EVENTS

JUMPSTARTS

- **Can register for our club “Canskate Merit Event”**
- **As part of Skate Canada’s long-term-development, these type of events get your skater ready for the learn-to-train at the Junior level.**
- **Take advantage of any performance opportunity like our Holiday Performance Food Bank Drive**
- **If your skater moves up to Junior, they will have other opportunities as well.**
- **Join the Synchro Session on Sundays. As your skater does not have a regular jumpstart session this day, this will give them the opportunity to work and develop their skating skills while having fun learning on a team. More on synchro later.....**

EVENTS

JUNIORS

- **We encourage all skaters at this level to participate in appropriate level events that are offered to further their development and prepares the skater for choosing skating pathways**
- **They may not know at this time if they want to be a podium pathway skater and try out for Canada Games or Nationals. Preparing leaves these options open.**
- **Events this season:**
 - **2024 Fall Skate Invitational – Cody Banks Arena – Registration opens Oct 12 – 19 STAR 1 – 4 Events**
 - **2025 ADL Starskate Competition – Event is Feb 22, 2025**
 - **Synchro Events also on island are the Fall Invitational & the Friendship Competition in January**
 - **Skaters may also go to off-island events. There are opportunities close by in NB & NS. SPSC offers funding of \$100 for one off-island event**



COMPETITION HOSTS

- **SHERWOOD PARKDALE SKATING CLUB IS PART OF THE ISLAND SKATING ACADEMY FOR PROGRAMS IN THE OFF-SEASON.**
- **WE WILL BE HOSTING THE 2024 PEI FALL INVITATIONAL AS WELL AS THE 2025 STARSKATE AND SYNCHRO CHAMPIONSHIPS WITH SKATE CANADA PEI.**
- **FOR THE FALL COMPETITION WE HAVE MORE RESPONSIBILITIES AND DUTIES TO COVER AS VOLUNTEERS.**
- **COLLEEN MURRAY WILL BE OUR COORDINATOR WITH ISA AND WILL BE THE LEAD FOR OUR CLUB ALONG WITH LAURIE GODFREY (FOR ISA & THE PEI SECTION). CSC WILL HAVE A REPRESENTATIVE AS WELL AS PART OF ISA**
- **MORE INFORMATION ON HOW YOU CAN HELP WILL BE PROVIDED AFTER ISA MEETS**

SYNCHRO



- **ALL STARSKATERS ARE ENCOURAGED TO TAKE PART IN SYNCHRO**
- **AS PART OF THE SKATE CANADA CURRICULUM, THIS SESSION IS AN EXCELLENT OPPORTUNITY TO DEVELOP SKATING SKILLS**
- **FOR THE SKATER'S THIS IS A GREAT OPPORTUNITY TO ENGAGE IN A TEAM ENVIRONMENT**
- **THE COST IS \$150 AS AN ADD-ON TO A STARSKATE REGISTRATION OR WE HAVE A NEW PART-TIME PACKAGE.**
 - **BOTH INCLUDE ICE TIME, COACHING, OFF-ICE CLASSES, THE TEAM PORTION OF COMPETITION REGISTRATION FEES**
 - **NEW TEAM MEMBERS WILL ALSO RECEIVE A FREE SYNCHRO JACKET**
 - **TOONIE DAYS FROM SEPTEMBER, POPCORN SALES AT EVENTS PLUS ANY AGREED UPON FUNDRAISING GOES INTO OUR SYNCHRO FUND TO HELP OFF-SET COSTS**

HEALTHY KIDS! ACTIVE KIDS! FUNDRAISER

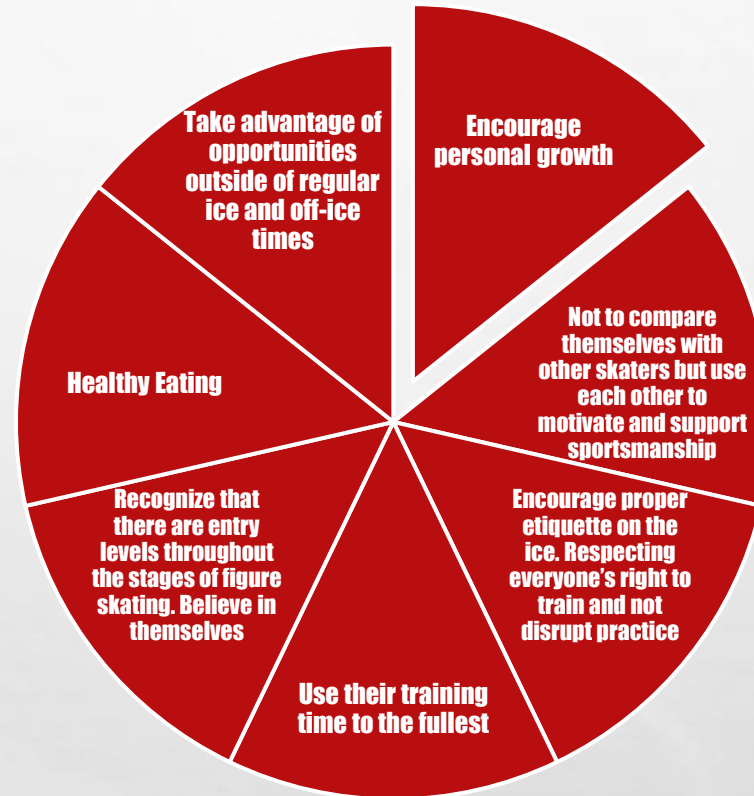
- **THIS SEASON THE FUNDRAISER WILL BE PARTNERED WITH QUEEN STREET MEAT MARKET IN CHARLOTTETOWN**
- **FUNDRAISING POLICY**
- **IF YOU WANT TO FILL YOUR FREEZERS AND YOU PURCHASE MORE THAN 10 ITEMS, YOU WILL RECEIVE A CREDIT ON YOUR PERSONAL ACCOUNT AS WELL AS HELPING THE CLUB OVERALL.**
- **HARD COPIES AND DIGITAL COPIES WILL BE AVAILABLE**
- **THIS IS OUR MAIN FUNDRAISER FOR THE CLUB THAT PUTS FOOD ON TABLES AT BETTER THAN OR EQUAL TO GROCERY STORE PRICES WHILE HELPING THE CLUB KEEP FEES AFFORDABLE.**



TEAM SPIRIT

- **CLUB JACKETS ARE AVAILABLE TO ORDER. YOUR ORDERS ARE DUE BY OCTOBER 4TH**
- **LULULEMON DEFINE JACKETS EMBROIDERED WITH THE CLUB LOGO AND SKATERS NAME OR INITIALS. START AT SIZE 0**
- **GREAT FOR BOTH PRACTICE AND COMPETITION**
- **YOUTH SIZED ARE AVAILABLE BY SPECIAL ORDER IN A LULU STYLE JACKET**
- **YOUR COST: LULULEMON \$60 – 100 DEPENDANT ON DISCOUNT AVAILABLE: YOUTH CUSTOM \$40**

HOW CAN YOU HELP YOUR SKATER SUCCEED



NUTRITION



TERMS AND CONDITIONS

- **SIGNED WHEN REGISTERING**
- **YOU CAN ALSO VIEW BY CLICKING ON THE LINK AT THE BOTTOM OF OUR HOME PAGE**

KEY AREAS TO REVIEW IN YOUR TERMS AND CONDITIONS

Policy links under Code of Conduct

- **If you haven't reviewed, how can you follow?**

Refunds & Credits

- **Medical only once we are past the withdrawal date**
- **No make-up or refunds for personal reasons ie holidays etc**

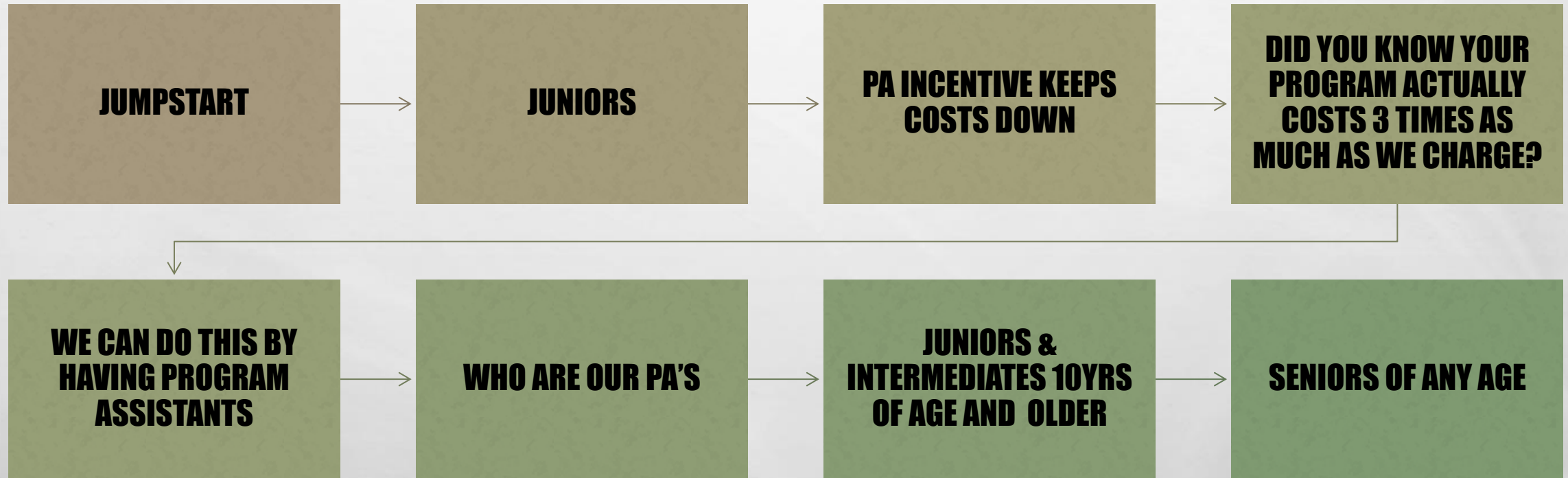
PA Incentive under Volunteers

- **Review if skater is moving up to Juniors or your skater is 10yrs and older**

Cancellations

- **Notifications**

PROGRAM ASSISTANTS AND THE STARSKATE PROGRAM





- **OUR CLUB...YOUR CLUB...IS A COMMUNITY.**
- **STARSKATERS ASSIST AS PROGRAM ASSISTANTS ON CANSKATE**
- **WE NEED YOU, THE ADULTS ALSO. YOU CAN SIT ON THE BOARD AND LEARN MORE ABOUT YOUR CHILDS SPORT AND PROGRAM, YOU CAN HELP AT EVENTS, YOU CAN HELP ON THEME DAYS. CONSIDER JOINING US TODAY IN ANYWAY YOU CAN.**

LEAD BY EXAMPLE

REMINDERS

- **THE CALENDAR TAB IN YOUR ACCOUNT**
 - **WILL SHOW ALL YOUR REGISTERED SKATING DAYS, EVENTS ETC.**
 - **THIS IS THE BEST “GO-TO”. IF THE EVENT OF ANY CHANGES, IT WILL SHOW HERE FIRST.**
- **OFF-ICE CLASSES ARE INCLUDED IN YOUR REGISTRATION AND AN IMPORTANT PART OF A SKATER’S TRAINING. IF POSSIBLE ,PLEASE BRING A YOGA MAT, SKIPPING ROPE, RUNNING SHOES AND A WATER BOTTLE. A “SPINNER” IS ALSO VERY USEFUL.**



CLUB APPAREL

- **WE HAVE A STORE AVAILABLE THROUGH ALLSTAR CRESTING**
 - **THERE ARE LEGGINGS, T-SHIRTS, HOODIES, OUTDOOR JACKETS AND MORE – GET IN THE SPIRIT WITH QUALITY MERCHANDISE. 10% GOES TO THE CLUB.**

[HTTPS://ALLSTARCRESTING.CA/](https://allstarcresting.ca/)

- **MITTENS AND GLOVES AS WELL AS SKATE GUARDS ARE ALSO STILL AVAILABLE IN OUR CLUB OFFICE OR LOBBY WHEN ON DISPLAY**

